

# Assembly & Operating Instructions

## Ironmaster Barbell Adapter for Spotting Stand

Congratulations on your purchase of this fine Ironmaster product. For any technical questions or support please contact us at 1-800-533-3339. Be sure to read and understand the operating instructions.



Narrow width example

Olympic width example

**This item is an adapter for the Ironmaster Dumbbell Spotting Stand to convert it for barbell use. The Spotting stand must be used in conjunction with the Super Bench and is not intended to be used stand alone. Do not use the spotting stand without the bench in place and do not attempt squats. Included are only the two barbell uprights. Load rating is 350 lbs.**

**To use:** Simply remove the dumbbell saddles from the Spotting Stand frame and insert the Barbell Adapter uprights and lock them in place with the pull pins in the holes. They can be inserted in two ways so they will be wide for Olympic Barbell use or narrow for smaller bars like the Ironmaster Straight Bar. See photos above. The uprights can be adjusted up and down to fit the exercise and user. You will need to set the bench for the best exercise position just as with the Dumbbell Spotting Saddles in place.

### Warranty Information:

Your Ironmaster Super Bench attachment has a limited 10 year warranty to the original purchaser. Warranty covers repair or replacement for mechanical integrity when used according to the instructions for normal exercise use. Warranty covers in home use only. Finish and wear items such as rubber and painted surfaces are not covered. If you need warranty service, contact Ironmaster for return instructions and additional terms and conditions.