

# Ironmaster Quick-Lock Dumbbells Dumbbell Rack Assembly Instructions

## Item List:

- 1 ea. Top (14" x 19" with rubber covering)
- 2 ea. Shelf (12 3/8" x 16 7/8" with rubber covering)
- 2 ea. Panel (Front and Rear 12 1/2" x 25")
- 1 ea. Separator (flat rectangular panel)
- 4 ea. Rubber leveling feet
- 16 ea. M6 machine screws, Allen head
- 4 ea. M6 machine screws, flat head
- 20 ea. M6 flange nuts

## Tools Needed:

- Large Phillips Screwdriver
- Adjustable wrench (or 10 mm socket wrench)
- 4 mm Allen wrench (included)

## Steps:

1. To assemble the dumbbell rack, first unpack all components and locate the hardware.
2. Assemble the front and rear PANEL onto the bottom SHELF with the rubber surface facing upward using the M6 Allen head machine screws and nuts. The nut goes on the inside surfaces only. Leave bolts finger tight.
3. Position the other SHELF inside the front and back panels with the rubber surface facing upward and bolt together with the M6 round head machine screws, washers and nuts. Leave bolts loose.
4. Assemble the SEPARATOR above the upper SHELF and install four M6 Allen head machine screws and nuts. Leave bolts finger tight.
5. Place the TOP on top of the assembly and bolt together with the M6 flat head machine screws. Nuts go inside with flat heads flush on the upper surface. Leave bolts finger tight.
6. Screw in the RUBBER LEVELING FEET in the bottom four holes of the rack assembly. The rack should be placed on a flat floor surface. If this is not possible you will need to level the top of the rack for best performance. Adjust the rubber feet flush with the bottom of the frame then make adjustments to make a level top.
7. Tighten all the bolts to firm up the rack.

