

Operating Instructions

Ironmaster Legpress Plate Attachment

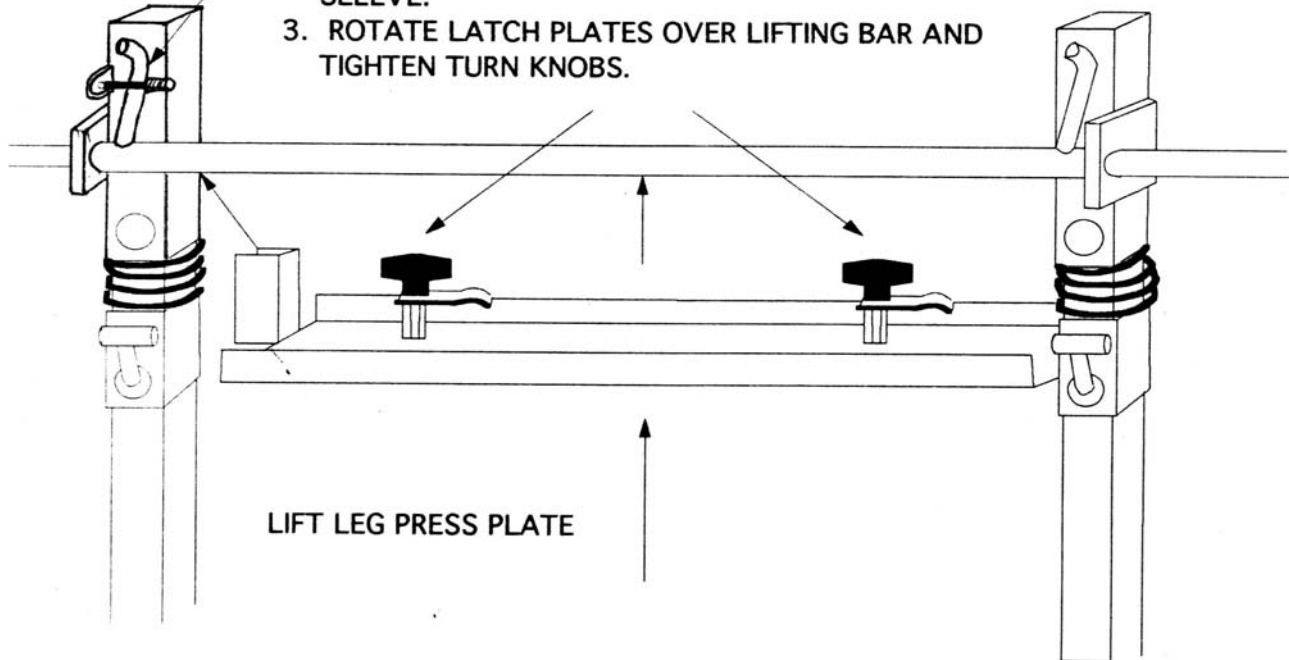
Congratulations on your purchase of this fine Ironmaster product. For any technical questions or support please contact us at 1-800-533-3339. Be sure to read and understand the operating instructions.

Description:

The Ironmaster Legpress Plate is designed to work with the Ironmaster IM2000 weightlifting machine only. This attachment converts the lifting bar into a vertical leg press device.

Operation:

1. SET LIFTING BAR OVER HALF WAY UP. MOVE SECONDARY SAFETY STOPS UNDER LIFTING BAR AND LOCK LOCKING PIN UP AS PICTURED.
2. LIFT LEG PRESS PLATE UP TO LIFTING BAR AS PICTURED WITH CHANNEL ON LEFT END STRADDLING L. BAR SLIDE SLEEVE.
3. ROTATE LATCH PLATES OVER LIFTING BAR AND TIGHTEN TURN KNOBS.



Notes:

Be sure to position your body directly under the lifting bar so you are pushing straight up. Setting the bench at a slight decline angle can make it more comfortable.

Warranty Information:

Your Ironmaster attachment has a limited 10 year warranty to the original purchaser. Warranty covers repair or replacement for mechanical integrity when used according to the instructions for normal exercise use. Warranty covers in home use only. Finish and wear items such as rubber and painted surfaces are not covered. If you need warranty service, contact Ironmaster for return instructions and additional terms and conditions.

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